

# WEST COAST PARANORMAL RESEARCH SOCIETY

Case # 08-0719

Location: Office Building

San Diego, CA

Contact: Melanie

Team Members: Troy – Founder  
Carol – Case Manager  
Mike – Tech Lead  
H.B. – Electronics Specialist  
Matt – Tech Team  
Darlene – Investigator  
Dawn – Investigator

## THE INVESTIGATION

We arrived at the location at approximately 6:00 pm. Melanie and her employee Christina met with us and gave us a walk through of the location.

This is a four story office building and Melanie's office is location on the second floor in room 200. She explained she had issues in the first floor dance hall's bathroom and the stairwell along with some strange sightings in her office. She indicated that she got a real creepy feeling in the stairwell and the dance hall bathroom and said she will not go into these areas alone. She explained that there was an occurrence in her office when she and Christina saw a dark shadow rush at her while she was standing in the middle of the open area by the front door. She said that this dark figure came at her, passed her and seemed to go into the small kitchenette area, where it was seen then going out near the doorway by Christina's office. She said that there had been times when her office phone line would call 911 on its own causing the police to contact her about the 911 calls. They indicated only static was on the line when the calls were received.

We set up our infrared cameras, digital recorders; live audio and Tri-field meters in hopes to capture any unusual activity (see diagrams). Set up was completed and the official start time to the investigation was 9:14pm.

We started out in teams of two and covered the dance hall and bathroom, all of the offices in room 200 and the stairwell and hallway. During the evenings

investigation, Troy and Matt who were in the dance hall advised via walkie-talkie that they were hearing what sounded like someone running back and forth from the ceiling. He asked if anyone was walking heavy or running on the second floor, however Mike and Darlene were in Christina's office, Carol and Dawn were in Melanie's office and H.B. was sitting at our command center in front of the water cooler by the elevator. We attempted to debunk this sound by attempting to figure out where they were coming from. They paced it out from the dance hall and came upstairs to see where the pacing would place them. They determined that the exact location the sound was coming from was from within room 204 which was vacant at the time of our investigation. Fully expecting the doors to be locked, we attempted to check the door handles to see if maybe a cleaning person was there or maybe someone came up to the office while we weren't looking. After knocking and not getting any answer, we tried the door handles and were surprised to find the door unlocked. We looked inside and found most of it to be unused, except for one office cubicle in the far right hand corner. We paced the steps and located the area where the sounds were coming from which ended up to be in the area of the back left to middle cubicles. What was very surprising was that this area was completely blocked off with a cubicle wall that ran the entire length of the room from the far back wall to the front wall by the doors. There wasn't any way anyone could have run back and forth without running into that cubicle wall. Realizing there may be something unusual going on in there; we placed an infrared camera on one of the empty table and aimed it between the two back cubicles in question. Carol and Dawn decided to do some EVP (electronic voice phenomenon) work using our digital recorders and asking questions. We spent approximately 35 minutes in room 204 sharing this time in different areas of the room and didn't notice anything unusual. We found that the room did emit strange sounds, but it appeared that behind one of the walls by the front doors there was some electronic equipment that was causing it. We left two digital recorders in that room to run the rest of the night and Carol and Dawn left the room to investigate elsewhere.

While sitting in Marks office that's next to Christina, there appeared to be a draft that came from an unknown source that caused the vertical blinds to clink together. It seemed unusual that a breeze that strong would cause them to move so much that it was that noticeable, however barring anything else unusual happening, it wasn't going to mean much of anything.

We spent time in all of the offices. Mike and Darlene thought they may have seen a dark shadow in Christina's office, however that couldn't be substantiated as we felt it was possible that passing vehicles with their headlights could have given this illusion.

Carol and Dawn spent time in the stairwell also. Nothing unusual occurred.

Towards the end of the investigation, we brought out the thermal camera. We spent time in all areas of the investigation with it. It is designed to detect

temperature and display it in a visual colored display. Had a spirit attempted a manifestation, the thermal would have caught that temperature change. Nothing was captured on the thermal camera.

Except for the footsteps heard in the dance hall room, all in all, the evening was quiet. No one had any unusual feelings or experiences.

## THE EVIDENCE

We reviewed all the photos, infrared video, live mic feed and listened to all of the audio. We did not capture anything unusual in the photos or on any of the video; we did however catch quite a few EVP's. (EVP's stand for Electronic Voice Phenomenon and are audio voices of spirits captured from a frequency outside of our own normal hearing – much like a dog whistle would be)

EVP's were caught in almost all areas we investigated on the second level.

We caught EVP's from the recorders in the following locations:

Room 204

Stairwell (Off office 200)

Mark's office (Next to Christina's)

The Hallway (Outside office 200)

The live audio located in the open area of office 200

We caught EVP's on the following personal recorders:

Carol's

Darlene's

Troy's

Mike's

You can view the clips on the audio sheets in your file, and hear these clips on the enclosed CD. Keep in mind, some of them may be quite faint. A good set of earphones are highly recommended to get the best audio quality. We always try to place the EVP in the center of the audio clip. Most of the time they are heard as a whisper however sometimes they are much louder and can sound like someone else in the room.

As far as the voices or laughing Melanie hears from her office. We believe we may have debunked that. We were noticing loud vocal bleed from the street through the office walls. We could hear people talking from the street. Since that was the case, it was difficult to substantiate this claim as there would be no way to confirm it wasn't coming from someone outside. We did not hear any disembodied voices (voices audible to the human ear) on this investigation.

In regards to the issue of Melanie's phone calling 911 on its own, H.B. our electronics expert took a look at the office building's phone system panel. He verified all lines in Melanie's office and her specific office phone line was damaged. Please read H.B.'s personal log to read his specific explanation on this issue. H.B. did repair the line, so it will remain to be seen in this activity returns. This will be the only way to officially debunk this. Please let us know if the phone calls 911 again.

## CONCLUSION

After taking into account all of the Client's claims and reviewing the evidence. There does appear to be paranormal activity at this location. Paranormal activity means that there is evidence of spirit activity that exist there, however it is not to a degree would be considered "haunted". The lack of physical activity keeps it downgraded.

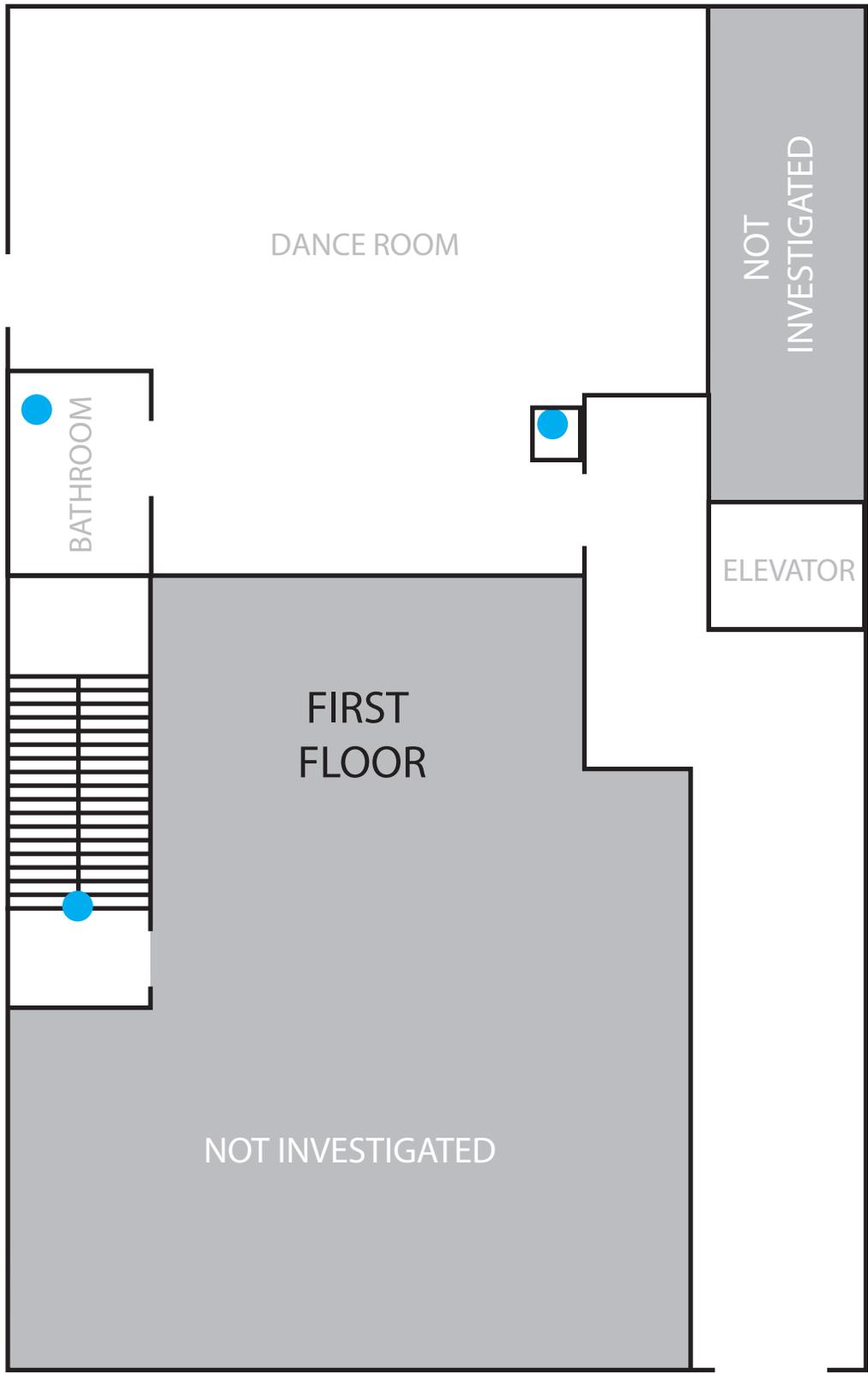
I want you to understand that the type of evidence we obtained isn't considered rare. We find this type of activity very often, so please understand that you are not a unique case. Most of the time, it goes unnoticed, so many people may be having this type of activity and not even know it. For reasons unknown, the spirits break an unseen "plane" of sorts and can interact with us. There are times we may hear them, or they can move something, but that type of activity is much less common.

So in saying this, we want you to understand that this is nothing to fear. These spirits are what are termed as human spirits meaning that they at one time lived and are deceased and for reason chose to remain here. They keep their personalities and just go about their business many times coming and going and not staying necessarily at one location.

In closing, there wasn't anything obtained by our investigation to indicate that there is anything "dark" or hazardous at this location.

## RECOMMENDATIONS

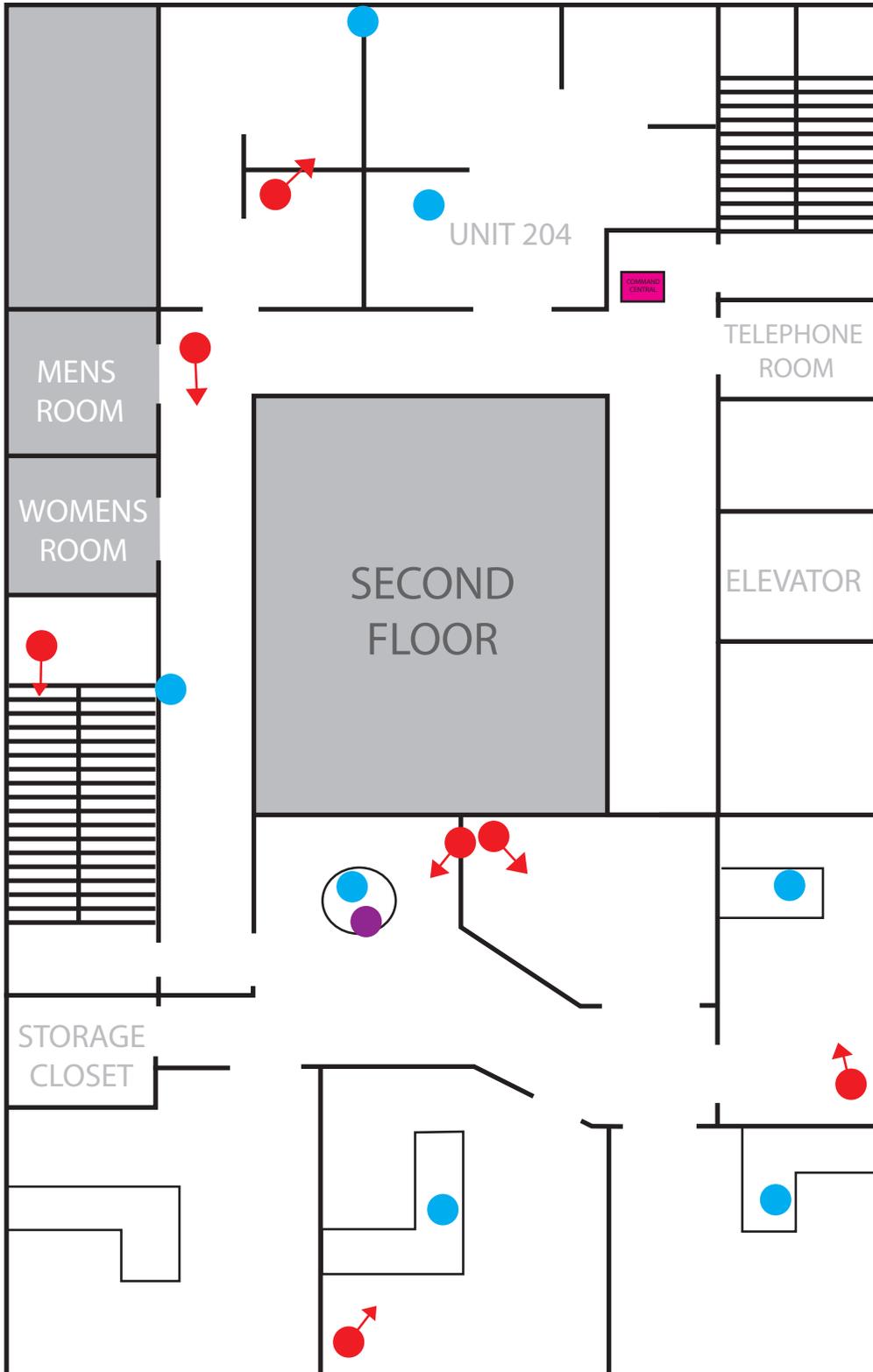
Nothing specific, but please let us know if the 911 calls continue – if they do, you may want a follow-up investigation for us to check further into this. Other than that, nothing is necessary. Please feel free to call us anytime should things change and if another investigation is something you'd like, we'd be happy to schedule one for you in the future.



● INFRARED CAMERA

● DIGITAL RECORDER

OFFICE BUILDING, SAN DIEGO



- INFRARED CAMERA
- DIGITAL RECORDER
- LIVE AUDIO

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